

2024 Northwest Suburban Boys Conference Meet

May 21, 2024 May 23, 2024 - Elk River HS - Elk River, MN

1. Blaine	177
2. Anoka	95
3. Osseo	94
4. Champlin Park	93
5. Andover	84
6. Coon Rapids	83
7. Centennial	71
8. Maple Grove	58
9. Spring Lake Park	54
10. Totino-Grace	44
11. Robbinsdale Armstrong	30
12. Elk River	27
13. Rogers	8

Boys Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 KhiJohnn Cummings-Colema Coon Rapids 10.93a
- 2 Jamareon Douglas Blaine 11.10a
- 3 Justin Kuharski Totino-Grace 11.16a
- 4 Michael Olomiyete Blaine 11.17a
- 5 Alvin Thomas Champlin Park 11.26a
- 6 Jack Weigel Maple Grove 11.28a
- 7 Michael Douglas Blaine 11.28a
- 8 Reid Stanslaski Robbinsdale Armstrong 11.41a
- 9 Jamal Smith Spring Lake Park 11.51a

Boys Varsity 100 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 KhiJohnn Cummings-Colema Coon Rapids 10.71a
- 2 Jamareon Douglas Blaine 10.71a
- 3 Michael Douglas Blaine 10.78a
- 6 Michael Olomiyete Blaine 10.80a
- 7 Jack Weigel Maple Grove 10.84a
- 4 Justin Kuharski Totino-Grace 10.88a
- 8 Alvin Thomas Champlin Park 10.91a
- 9 Jamal Smith Spring Lake Park 10.92a
- 5 Reid Stanslaski Robbinsdale Armstrong 10.96a
- 10 Cam Begalle Andover 11.00a
- 11 Trystan Green Centennial 11.04a
- 12 Zee Korti Anoka 11.07a
- 13 Aaron Briggs Champlin Park 11.08a
- 14 Carlton Onyia Champlin Park 11.09a
- 15 Lance Hill Coon Rapids 11.15a
- 16 Ty Burgoon Centennial 11.17a
- 17 Brecken Keoraj Elk River 11.18a
- 18 Drake Wegscheid Maple Grove 11.18a
- 19 Isreal Olowo Rogers 11.26a
- 20 Emmanuel Monluo Spring Lake Park 11.33a
- 21 Ryan Cramer Elk River 11.33a
- 22 Maurice Counce Andover 11.34a
- 23 Beaux Thyen Maple Grove 11.36a

- 24 Gavin Schmidt Elk River 11.39a
- 25 Robert Pierson Osseo 11.46a
- 26 Lance Quiah Osseo 11.49a
- 27 Camron Carr Park Center 11.54a
- 28 Gamada Bullo Centennial 11.55a
- 29 Brady Jenson Andover 11.57a
- 30 Hunter Caillier Spring Lake Park 11.59a
- 31 Jaden Miller Totino-Grace 11.62a
- 32 Zachary Welch Anoka 11.62a
- 33 Kevon Johnson Robbinsdale Armstrong 11.63a
- 34 Richard McIntosh Osseo 11.64a
- 35 Chris Naklen Rogers 11.68a
- 36 Darien Carter Rogers 11.70a
- 37 Alijah Hibbler Coon Rapids 11.71a
- 38 Kingston Vang Robbinsdale Armstrong 11.76a
- 39 Emmanuel Benson Totino-Grace 11.84a
- 40 Malachi Korti Anoka 11.85a
- 41 Leroy Saye Park Center 11.90a
- 42 Bennie Mah Park Center 12.27a

Boys Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 KhiJohnn Cummings-Colema Coon Rapids 21.96a
- 2 Justin Kuharski Totino-Grace 22.04a
- 3 Gavin Moore Centennial 22.40a
- 4 Michael Olomiyete Blaine 22.45a
- 5 Jamareon Douglas Blaine 22.58a
- 6 Jamal Smith Spring Lake Park 22.66a
- 7 Reid Stanslaski Robbinsdale Armstrong 22.80a
- 8 Michael Douglas Blaine 22.87a
- 9 Alvin Thomas Champlin Park 29.47a

Boys Varsity 200 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Jamareon Douglas Blaine 22.13a
- 2 KhiJohnn Cummings-Colema Coon Rapids 22.16a
- 3 Justin Kuharski Totino-Grace 22.24a
- 6 Alvin Thomas Champlin Park 22.34a
- 4 Michael Douglas Blaine 22.45a
- 5 Michael Olomiyete Blaine 22.47a
- 7 Reid Stanslaski Robbinsdale Armstrong 22.56a
- 8 Gavin Moore Centennial 22.59a
- 9 Jamal Smith Spring Lake Park 22.61a
- 10 Emmett Fallah Robbinsdale Armstrong 22.69a
- 11 Alpha Graduway Osseo 22.77a
- 12 Ty Burgoon Centennial 23.09a
- 13 Trevis Tonan Osseo 23.12a
- 14 Joseph Hauge Coon Rapids 23.13a
- 15 Drake Wegscheid Maple Grove 23.20a
- 16 Aaron Briggs Champlin Park 23.24a
- 17 Keegan Evans Andover 23.27a
- 18 Isreal Olowo Rogers 23.38a

- 19 Carlton Onyia Champlin Park 23.38a
- 20 Cyril Lifaka Coon Rapids 23.40a
- 21 Alvin Karngar Spring Lake Park 23.42a
- 22 Espoir Missite Maple Grove 23.43a
- 23 Samuel Audette Andover 23.52a
- 24 Jackson Freeman Elk River 23.61a
- 25 Kalen Blanchette Osseo 23.71a
- 26 Nelsen-Manfred Poscher Centennial 23.81a
- 27 Emmanuel Monluo Spring Lake Park 23.81a
- 28 Brady Jenson Andover 24.08a
- 29 Jagger Sasse Elk River 24.21a
- 30 Noah Strouth Rogers 24.26a
- 31 Curdel Davis Anoka 24.28a
- 32 Jordan McAfee Robbinsdale Armstrong 24.33a
- 33 Jaden Miller Totino-Grace 24.34a
- 34 Samuel Jacobson Maple Grove 24.46a
- 35 Kenneth McKinnis Anoka 24.55a
- 36 Darien Carter Rogers 24.58a
- 37 Bennett Overbye Anoka 24.95a
- 38 Ronald Brown Park Center 25.15a
- 39 Leroy Saye Park Center 25.16a
- 40 Archer Smith Elk River 25.49a
- 41 Isaac Ondeyo Park Center 25.97a

- 17 Lucas Ringel Robbinsdale Armstrong 52.76a
- 18 Ty Swanson Osseo 53.03a
- 19 Carnell Robinson Coon Rapids 53.08a
- 20 Alvan Hearn Robbinsdale Armstrong 53.10a
- 21 Andrew Geisel Blaine 53.52a
- 22 Cameron Stewart Spring Lake Park 53.55a
- 23 Jayden Sirma Blaine 54.28a
- 24 Jagger Sasse Elk River 54.49a
- 25 Luke Dorn Champlin Park 54.92a
- 26 Matthew Alfaro-Getter Anoka 55.24a
- 27 Clayton Solberg Spring Lake Park 55.67a
- 28 Rowan Schaefer Robbinsdale Armstrong 55.80a
- 29 Bo Draheim Maple Grove 56.14a
- 30 Colton Cotter Rogers 56.21a
- 31 Tabio Badio Elk River 56.96a
- 32 Cooper Herzog Spring Lake Park 57.11a
- 33 Manuel Garcia Fuentes Rogers 57.54a
- 34 Daniel Sher Maple Grove 58.35a
- 35 Mutalah Secka Elk River 59.33a
- 36 Yosepa Matayo Totino-Grace 59.69a
- 37 Joseph Schlaefer Totino-Grace 1:00.24a

Boys Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Alvin Thomas Champlin Park 49.23a
- 2 Jerry Freeman Coon Rapids 49.45a
- 3 Aaron Peterson Anoka 49.80a
- 4 Owen Lamb Totino-Grace 49.84a
- 5 Haevian Cole Blaine 50.32a
- 6 Jacob Podratz Centennial 50.68a
- 7 Thomas Radtke Anoka 51.07a
- 8 Trevis Tonan Osseo 51.17a
- 9 Ayden Shaw Andover 55.00a

Boys Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Evan Koerber Blaine 1:55.27a
- 2 Luke Fehrenbacher Spring Lake Park 1:55.76a
- 3 Matthew Lindgren Totino-Grace 1:56.15a
- 4 Sawyer Rueckert Elk River 1:56.80a
- 5 Jack Jendro Andover 1:59.33a
- 6 Noah Berg Centennial 1:59.63a
- 7 Sam Majewski Robbinsdale Armstrong 1:59.66a
- 8 Cyrus Shrestha Rogers 1:59.91a
- 9 Earl Peter Osseo 2:00.92a
- 10 Logan Martinez Champlin Park 2:00.96a
- 11 Jack Zellmer Blaine 2:03.95a
- 12 Connor Bialka Blaine 2:04.64a

Boys Varsity 400 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Aaron Peterson Anoka 49.56a
- 2 Alvin Thomas Champlin Park 49.63a
- 3 Jerry Freeman Coon Rapids 50.09a
- 4 Owen Lamb Totino-Grace 50.23a
- 6 Haevian Cole Blaine 50.80a
- 7 Trevis Tonan Osseo 51.09a
- 8 Thomas Radtke Anoka 51.14a
- 9 Ayden Shaw Andover 51.47a
- 10 Nolan Potvien Andover 51.75a
- 5 Jacob Podratz Centennial 51.84a
- 11 Logan Harens Maple Grove 52.12a
- 12 Cody Nelson Centennial 52.14a
- 13 Maxwell Johnson Centennial 52.44a
- 14 Shawn Lakeman Osseo 52.56a
- 15 Mekhai Martin Coon Rapids 52.61a
- 16 Cale Schurke Andover 52.66a

Boys Varsity 800 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Luke Fehrenbacher Spring Lake Park 1:59.15a
- 2 Matthew Lindgren Totino-Grace 1:59.19a
- 4 Noah Berg Centennial 1:59.99a
- 7 Jack Zellmer Blaine 2:00.15a
- 5 Sawyer Rueckert Elk River 2:00.96a
- 8 Jack Jendro Andover 2:01.25a
- 10 Sam Majewski Robbinsdale Armstrong 2:01.62a
- 11 Logan Martinez Champlin Park 2:01.95a
- 12 Earl Peter Osseo 2:01.98a
- 3 Cyrus Shrestha Rogers 2:02.76a
- 6 Evan Koerber Blaine 2:03.09a
- 9 Connor Bialka Blaine 2:03.19a
- 13 William Maher Champlin Park 2:03.40a
- 14 Ben Sanvik Osseo 2:04.21a
- 15 Benjamin Matzke Champlin Park 2:05.02a

- 16 Talen Greeson Centennial 2:05.34a
- 17 Wyatt Rothrum Anoka 2:06.34a
- 18 Joshua Kieser Maple Grove 2:07.38a
- 19 Eli Berg Osseo 2:08.22a
- 20 Griffin Schmidt Robbinsdale Armstrong 2:08.26a
- 21 Alexander Persing Centennial 2:09.17a
- 22 Oliver Retrum Maple Grove 2:09.41a
- 23 Zachary Bartsch Totino-Grace 2:09.51a
- 24 Tyler Vossen Coon Rapids 2:10.76a
- 25 Duressa Yoseph Andover 2:10.97a
- 26 Sheldon Anthony Spring Lake Park 2:11.07a
- 27 Austin Back Rogers 2:11.19a
- 28 Levi Stevens Anoka 2:12.26a
- 29 Beck Cleaveland Elk River 2:13.22a
- 30 Benjamin Mulawarman Maple Grove 2:14.09a
- 31 William Rengo Anoka 2:14.20a
- 32 David Krolnik Park Center 2:14.25a
- 33 Easton Colby Rogers 2:14.79a
- 34 William Aweke Spring Lake Park 2:15.22a
- 35 Natnael Kassahun Coon Rapids 2:15.97a
- 36 Lukas Widmark Andover 2:16.09a
- 37 Landon Vance Totino-Grace 2:19.80a
- 38 Albi (Alberto) Ludwig Coon Rapids 2:20.82a
- 39 Jake Wilkinson Robbinsdale Armstrong 2:23.08a
- 40 Christian Rean Elk River 2:23.66a

Boys Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Cade Sanvik Osseo 4:17.77a
- 2 River Santiago Blaine 4:19.75a
- 3 Aidan Gomes Andover 4:22.84a
- 4 Reilly Kopp Spring Lake Park 4:26.88a
- 5 Quinlan Rundquist Osseo 4:27.79a
- 6 Salman Mohamed Champlin Park 4:27.84a
- 7 Charles Hibbs Champlin Park 4:28.26a
- 8 David Meberg Blaine 4:29.40a
- 9 Isaac Meyer Totino-Grace 4:35.85a
- 10 Lucas Capistrant Maple Grove 4:44.78a
- 11 Blake Beaver Park Center 4:44.83a
- 12 Zachary Hrobak Robbinsdale Armstrong 4:45.11a
- 13 Zakariya Mohamed Champlin Park 4:45.59a
- 14 William Rengo Anoka 4:47.28a
- 15 Joshua Honigman Maple Grove 4:48.33a
- 16 Alaric Burroughs Blaine 4:48.45a
- 17 Reid Binsfeld Totino-Grace 4:50.28a
- 18 Evan Trapp Spring Lake Park 4:51.81a
- 19 Spencer Feyo Rogers 4:52.45a
- 20 Austin Back Rogers 4:52.47a
- 21 Owen James Coon Rapids 4:53.19a
- 22 Benaiah Breker Robbinsdale Armstrong 4:54.79a
- 23 Marco Velasquez Coon Rapids 4:55.12a
- 24 John Downs Andover 4:55.70a
- 25 Eric Lindgren Spring Lake Park 4:55.71a
- 26 Kyler Nielson Centennial 4:55.93a
- 27 David Jack Centennial 4:57.82a
- 28 Connor Dow Anoka 4:57.91a

- 29 Caleb Barrett Centennial 4:58.13a
- 30 Emmitt Revering Anoka 4:58.39a
- 31 Micah Kringen Rogers 4:59.19a
- 32 Nathan Berhane Osseo 4:59.83a
- 33 Samuel Meier Maple Grove 5:02.64a
- 34 David Krolnik Park Center 5:03.06a
- 35 Josh Sweeney Robbinsdale Armstrong 5:09.76a
- 36 Jackson Browers Park Center 5:10.47a
- 37 Cole Burnett Coon Rapids 5:15.22a
- 38 Ryan Seal Totino-Grace 5:17.98a
- 39 Vincent Patullo Elk River 5:18.42a

Boys Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Cade Sanvik Osseo 9:26.49a
- 2 River Santiago Blaine 9:26.59a
- 3 Aidan Gomes Andover 9:35.22a
- 4 Quinlan Rundquist Osseo 9:40.19a
- 5 Salman Mohamed Champlin Park 9:47.63a
- 6 Charles Hibbs Champlin Park 9:49.01a
- 7 Reilly Kopp Spring Lake Park 9:55.33a
- 8 Austin Matrious Blaine 9:58.51a
- 9 Isaac Meyer Totino-Grace 10:10.13a
- 10 Tyler Bargman Blaine 10:17.47a
- 11 Blake Frazer Champlin Park 10:19.06a
- 12 Gannon Farrens Maple Grove 10:21.40a
- 13 Benjamin Femrite Maple Grove 10:21.86a
- 14 Carter Stevens Andover 10:22.33a
- 15 Reid Binsfeld Totino-Grace 10:25.62a
- 16 Spencer Feyo Rogers 10:34.58a
- 17 Blake Beaver Park Center 10:35.40a
- 18 Davin Christen Osseo 10:39.59a
- 19 Zachary Hrobak Robbinsdale Armstrong 10:43.13a
- 20 Samuel Gaines Anoka 10:50.23a
- 21 Owen James Coon Rapids 11:01.40a
- 22 Cameron Dorst Anoka 11:04.19a
- 23 John Downs Andover 11:04.48a
- 24 Micah Kringen Rogers 11:05.20a
- 25 Caleb Barrett Centennial 11:05.84a
- 26 David Mueller Spring Lake Park 11:12.10a
- 27 Eli Schmitz Anoka 11:12.78a
- 28 Cade Donnay Rogers 11:16.56a
- 29 Jackson Browers Park Center 11:17.14a
- 30 Anders Hassis Robbinsdale Armstrong 11:22.68a
- 31 Edwin Vara vazquez Spring Lake Park 11:29.07a
- 32 Henry Holcomb Maple Grove 11:30.89a
- 33 Caleb Cullen Coon Rapids 11:35.53a
- 34 Nathan Kaul Centennial 11:50.96a
- 35 Justin Bauer Coon Rapids 11:58.56a
- 36 Owen McNutt Robbinsdale Armstrong 12:00.88a
- 37 Logan Sonnek Centennial 12:07.53a

Boys Varsity 110m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Afanna Ibekwe Anoka 14.49a
- 2 Linton McPherson Osseo 15.00a
- 3 Max Miley Maple Grove 15.37a
- 4 Matthew Rivera Blaine 15.43a
- 5 Chiwetaramonu Attama Osseo 15.50a
- 6 Kyle Erickson Champlin Park 15.70a
- 7 Shae Wyszynski Andover 15.73a
- 8 Trey Borchers Anoka 15.96a
- 9 Carl Anderson Andover 15.96a

Boys Varsity 110m Hurdles Prelims

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Athlete Yr Team Mark Wind

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- 1 Linton McPherson Osseo 14.49a
- 2 Afanna Ibekwe Anoka 14.62a
- 3 Max Miley Maple Grove 15.00a
- 4 Matthew Rivera Blaine 15.33a
- 5 Chiwetaramonu Attama Osseo 15.35a
- 6 Carl Anderson Andover 15.51a
- 7 Shae Wyszynski Andover 15.54a
- 8 Trey Borchers Anoka 15.56a
- 9 Kyle Erickson Champlin Park 15.65a
- 10 Justin Sworr Blaine 15.69a
- 11 LaVie Freeman Robbinsdale Armstrong 15.81a
- 12 Loic Djiotso Coon Rapids 16.06a
- 13 Jarrett Moore Coon Rapids 16.08a
- 14 Kvaughn Landers Blaine 16.09a
- 15 Carnell Robinson Coon Rapids 16.20a
- 16 Nikabu Bagana Champlin Park 16.61a
- 17 Brody Lakanen Anoka 16.76a
- 18 Lincoln Sheck Spring Lake Park 16.83a
- 19 Amadou Bangoura Andover 17.01a
- 20 Noah Strouth Rogers 17.02a
- 21 Camar Blades Park Center 17.10a
- 22 Rick Flaws Elk River 17.37a
- 23 Thenic Yantambwe Champlin Park 17.62a
- 24 Gavin Nelson Maple Grove 17.84a
- 25 Kennan Stoll Elk River 17.91a
- 26 Josue Lovlein Lamas Totino-Grace 18.10a
- 27 Lukas Andrle Centennial 18.18a
- 28 Micah Goetz Spring Lake Park 18.32a
- 29 Kendric Kissi Osseo 18.35a
- 30 Theodore Chirhart Robbinsdale Armstrong 18.59a
- 31 Cayden Fields Elk River 18.85a
- 32 Charles Wills Centennial 19.39a
- 33 Henry Schwartz Centennial 19.80a
- 34 Aiden Horton Rogers 20.13a
- 35 Mardhav Shriram Maple Grove 20.86a
- joshua Daniels Robbinsdale Armstrong DQ

Boys Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

=====

- 1 Linton McPherson Osseo 38.96a
- 2 Afanna Ibekwe Anoka 39.32a
- 3 Shae Wyszynski Andover 39.51a

- 4 Brady Paulson Spring Lake Park 39.59a
- 5 Matthew Rivera Blaine 40.45a
- 6 Max Miley Maple Grove 40.65a
- 7 LaVie Freeman Robbinsdale Armstrong 41.57a
- 8 Chiwetaramonu Attama Osseo 41.58a
- 9 Trey Borchers Anoka 41.94a

Boys Varsity 300m Hurdles Prelims

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Athlete Yr Team Mark Wind

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- 1 Linton McPherson Osseo 39.76a
- 2 Shae Wyszynski Andover 40.88a
- 3 Brady Paulson Spring Lake Park 41.03a
- 3 Afanna Ibekwe Anoka 41.03a
- 6 LaVie Freeman Robbinsdale Armstrong 41.29a
- 5 Max Miley Maple Grove 41.65a
- 7 Chiwetaramonu Attama Osseo 41.69a
- 8 Matthew Rivera Blaine 41.96a
- 9 Trey Borchers Anoka 42.31a
- 10 Benjamin Hickman Elk River 42.56a
- 11 Amadou Bangoura Andover 42.85a
- 12 Justin Sworr Blaine 43.00a
- 13 Kvaughn Landers Blaine 43.07a
- 14 Loic Djiotso Coon Rapids 43.12a
- 15 Jarrett Moore Coon Rapids 43.39a
- 16 Micah Goetz Spring Lake Park 44.08a
- 17 Thenic Yantambwe Champlin Park 44.93a
- 18 Victor Olivo Andover 44.98a
- 19 Brody Lakanen Anoka 45.06a
- 20 Kendric Kissi Osseo 45.27a
- 21 Lincoln Sheck Spring Lake Park 45.76a
- 22 Rick Flaws Elk River 45.90a
- 23 Nikabu Bagana Champlin Park 46.12a
- 24 Lukas Andrle Centennial 46.18a
- 25 Judd Denis Elk River 46.22a
- 26 Noah Strouth Rogers 46.28a
- 27 Hudson Tanem Coon Rapids 46.47a
- 28 Gabriel Lundberg Robbinsdale Armstrong 46.54a
- 29 Gavin Nelson Maple Grove 46.93a
- 30 Aiden McGraw Rogers 47.44a
- 31 Insy Saengchantha Champlin Park 47.49a
- 32 Charles Wills Centennial 47.59a
- 33 Theodore Chirhart Robbinsdale Armstrong 47.92a
- 34 Henry Sykora Centennial 50.60a
- 35 Mardhav Shriram Maple Grove 50.94a
- 36 Josue Lovlein Lamas Totino-Grace 51.74a

Boys Varsity 4x100m Relay Finals

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Team Time

=====

- 1 Blaine 42.36a
- 1) Zachary Larson 2) Samuel Shaughnessy
- 3) Michael Olomiyete 4) Michael Douglas
- 2 Maple Grove 42.78a
- 1) Drake Wegscheid 2) Jack Weigel
- 3) Reginald Williams 4) Beaux Thyen

3 Elk River 42.79a
 1) Brecken Keoraj 2) Jackson Freeman
 3) Owen Westberg 4) Gavin Schmidt
 4 Anoka 42.89a
 1) Zachary Welch 2) Afanna Ibekwe
 3) Caleb Prosper 4) Zee Kortt
 5 Coon Rapids 43.14a
 1) Aloysius Nyapan 2) Joseph Hauge
 3) Lance Hill 4) Gavin Sayadeth
 6 Champlin Park 43.41a
 1) Matthew Heinen 2) Kenny Okonkwo
 3) Aaron Briggs 4) James Mulbah
 7 Andover 43.71a
 1) Shae Wyszynski 2) Cam Begalle
 3) Keegan Evans 4) Obe Eyafe
 8 Osseo 43.98a
 1) Alpha Graduway 2) Jaden Freeman
 3) Charles Somah 4) Lance Quiah
 9 Spring Lake Park 44.63a
 1) Hunter Caillier 2) Emmanuel Monluo
 3) Samuel Kohls 4) Alvin Karngar
 10 Robbinsdale Armstrong 44.80a
 1) Kevon Johnson 2) Dylan Gilles
 3) Kingston Vang 4) Eli Kuempel
 11 Rogers 45.12a
 1) Chris Naklen 2) Darien Carter
 3) Adam Shaw 4) Isreal Olowo
 12 Park Center 45.26a
 1) Leroy Saye 2) Ronald Brown
 3) Camron Carr 4) Trevion Perdue
 -- Centennial DQ
 1) Trystan Green 2) Hamado Gelgelu
 3) Gamada Bullo 4) Nelsen-Manfred Poscher

Boys Varsity 4x200m Relay Finals

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 Team Time
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1 Coon Rapids 1:27.99a
 1) Jerry Freeman 2) Joseph Hauge
 3) Lance Hill 4) KhiJohnn Cummings-Coleman
 2 Blaine 1:28.28a
 1) Zachary Larson 2) Samuel Shaughnessy
 3) Haevian Cole 4) Jamareon Douglas
 3 Andover 1:29.91a
 1) Keegan Evans 2) Cam Begalle
 3) Samuel Audette 4) Ayden Shaw
 4 Elk River 1:30.82a
 1) Brecken Keoraj 2) Jackson Freeman
 3) Owen Westberg 4) Gavin Schmidt
 5 Maple Grove 1:30.85a
 1) Dominic Dehn 2) Ajay Dehn
 3) Brayden Dozier 4) Espoir Missite
 6 Osseo 1:31.68a
 1) Alpha Graduway 2) Kalen Blanchette
 3) Mahki Clerk 4) Chaz Jordan
 7 Champlin Park 1:32.33a
 1) Gavin Beberg 2) Carlton Onyia

3) Benjamin Lapcinski 4) Kenny Okonkwo
 8 Anoka 1:35.71a
 1) Curdel Davis 2) Bennett Overbye
 3) Cletus Constance 4) Kenneth McKinnis
 9 Rogers 1:38.53a
 1) Parker Daiker-Broeska 2) Ethan Lynch
 3) Chris Naklen 4) Adam Shaw
 10 Park Center 1:39.00a
 1) Isaac Ondeyo 2) Prince Axel-Assogba
 3) Trevion Perdue 4) Camron Carr
 -- Robbinsdale Armstrong DQ
 1) Reid Stanslaski 2) Eli Kuempel
 3) Lucas Ringel 4) Emmett Fallah
 -- Centennial DQ
 1) Trystan Green 2) Gavin Moore
 3) Nelsen-Manfred Poscher 4) Ty Burgoon
 -- Spring Lake Park DNF
 1) Brady Paulson 2) Jamal Smith
 3) Alvin Karngar 4) Luke Fehrenbacher

Boys Varsity 4x400m Relay Finals

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 Team Time
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1 Maple Grove 3:23.86a
 1) Keynan Allee 2) Jack Weigel
 3) Oliver Retrum 4) Logan Harens
 2 Osseo 3:24.41a
 1) Linton McPherson 2) Ty Swanson
 3) Shawn Lakeman 4) Cade Sanvik
 3 Coon Rapids 3:25.42a
 1) Cyril Lifaka 2) Mekhai Martin
 3) Tyler Vossen 4) Jerry Freeman
 4 Centennial 3:25.88a
 1) Jacob Podratz 2) Cody Nelson
 3) Maxwell Johnson 4) Liban Ahmed
 5 Totino-Grace 3:26.73a
 1) Matthew Lindgren 2) Zachary Bartsch
 3) Justin Kuharski 4) Owen Lamb
 6 Robbinsdale Armstrong 3:32.52a
 1) Lucas Ringel 2) Eli Kuempel
 3) Sam Majewski 4) Emmett Fallah
 7 Blaine 3:32.61a
 1) Edward Mills 2) Nathan Taylor
 3) Haevian Cole 4) Evan Koerber
 8 Andover 3:34.03a
 1) Nolan Potvien 2) Amadou Bangoura
 3) Jack Jendro 4) Ayden Shaw
 9 Anoka 3:36.09a
 1) Wyatt Rothrum 2) Matthew Alfaro-Getter
 3) Collin Patrick 4) Dustin Larson
 10 Elk River 3:36.25a
 1) Owen Westberg 2) Benjamin Hickman
 3) Ryan Cramer 4) Sawyer Rueckert
 11 Champlin Park 3:36.72a
 1) Benjamin Lapcinski 2) Luke Dorn
 3) William Maher 4) Salman Mohamed
 12 Spring Lake Park 3:37.27a

- 1) Brady Paulson 2) Clayton Solberg
- 3) Cameron Stewart 4) Luke Fehrenbacher
- 13 Rogers 3:44.42a
- 1) Spencer Feyo 2) Micah Kringen
- 3) Cyrus Shrestha 4) Easton Colby

Boys Varsity 4x800m Relay Finals

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Team Time

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- 1 Blaine 8:05.76a
- 1) Nathan Taylor 2) Connor Bialka
- 3) Jack Zellmer 4) Evan Koerber
- 2 Champlin Park 8:05.91a
- 1) Benjamin Matzke 2) Logan Martinez
- 3) Caleb Osterberg 4) William Maher
- 3 Anoka 8:05.98a
- 1) Aaron Peterson 2) Thomas Radtke
- 3) Connor Dow 4) Dustin Larson
- 4 Osseo 8:10.95a
- 1) Ben Sanvik 2) Earl Peter
- 3) Eli Berg 4) Shawn Lakeman
- 5 Maple Grove 8:14.84a
- 1) Gannon Farrens 2) Benjamin Femrite
- 3) Joshua Kieser 4) Oliver Retrum
- 6 Centennial 8:23.90a
- 1) Noah Berg 2) Talen Greeson
- 3) Liban Ahmed 4) Alexander Persing
- 7 Andover 8:26.67a
- 1) Jack Jendro 2) Duressa Yoseph
- 3) Carter Stevens 4) Nolan Potvien
- 8 Spring Lake Park 8:40.64a
- 1) Evan Trapp 2) Sheldon Anthony
- 3) Brody Kopp 4) Clayton Solberg
- 9 Coon Rapids 8:57.25a
- 1) Marco Velasquez 2) Tyler Vossen
- 3) Natnael Kassahun 4) Albi (Alberto) Ludwig
- 10 Rogers 8:58.21a
- 1) Jared Bunch 2) Easton Colby
- 3) Colton Cotter 4) Bila Tufa
- 11 Robbinsdale Armstrong 9:15.78a
- 1) Andrew Brincks 2) Griffin Schmidt
- 3) Sam Hunt 4) Sam Majewski
- 12 Elk River 9:22.70a
- 1) Beck Cleaveland 2) Rylan Hawkinson
- 3) Christian Rean 4) Brodyn Vetsch

Boys Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 Sam Dennis Coon Rapids 56-0.25
- 2 Timothy Ball Centennial 55-6.75
- 3 Luke Pappas Robbinsdale Armstrong 51-5.25
- 4 Isaiah Wright Champlin Park 50-0.50
- 5 Michael Bruggers Champlin Park 49-4.25
- 6 Alexander Wimmer Anoka 48-11.25
- 7 Simon Bicek Elk River 47-4.75

- 8 Bailey Taylor Andover 47-2
- 9 Jalen Graham Champlin Park 46-8.25
- 10 Jacoby Peterson Coon Rapids 46-1.75
- 11 Ishaza Mugabi Osseo 45-7.50
- 12 Hunter Wiitanen Coon Rapids 43-7.50
- 13 Blake Scheierl Centennial 43-4
- 14 Jaxson Drum Spring Lake Park 43-3
- 15 Tony Turner Spring Lake Park 43-1.25
- 16 Logan Huss Centennial 42-9.25
- 17 Jessie Davies Blaine 42-7.50
- 18 Frankie Montano Rogers 42-0.50
- 19 Logan Burns Anoka 41-10
- 20 Alexander Jensen Elk River 41-9
- 21 Gavin Smith Blaine 41-4.75
- 22 Peter Okafor Park Center 41-4.25
- 23 Evan Mendoza Robbinsdale Armstrong 41-3.25
- 24 Jack Diehl Anoka 41-1.50
- 25 Kevin Kieh Osseo 40-9.75
- 26 Landon Albeck Maple Grove 40-4
- 27 Carson Lund Maple Grove 39-3
- 28 Isaiah Fleck Blaine 39-2.25
- 29 Matthew Perusse Maple Grove 38-9.75
- 30 Adedeji Adebayo Osseo 38-4
- 31 Josiah Paige Robbinsdale Armstrong 38-2.25
- 32 Garrett Honnoll Rogers 37-9.50
- 33 Collin Schulz Rogers 36-6
- 34 Hoyt Fladung Elk River 36-2
- 35 Alec Pelkey Andover 35-11
- 36 Owen Swedberg Totino-Grace 35-3.50
- 37 Everett Schutta Totino-Grace 34-9.50
- 38 Eli Vang Spring Lake Park 34-5.25
- 39 Dakagar Johnson Park Center 32-4.50
- 40 Nicholas Schmitz Totino-Grace 29-0.50

Boys Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 Timothy Ball Centennial 175-0
- 2 Logan Huss Centennial 150-1
- 3 Jack Diehl Anoka 146-3
- 4 Pete Gandah Anoka 144-9
- 5 Luke Pappas Robbinsdale Armstrong 142-6
- 6 Simon Bicek Elk River 140-10
- 7 Bailey Taylor Andover 139-0
- 8 Jalen Graham Champlin Park 136-11
- 9 Noah Herrick Blaine 132-5
- 10 Alexander Wimmer Anoka 132-0
- 11 Nicholas Mulder Spring Lake Park 128-3
- 12 Marcus Moreland Osseo 127-1
- 13 Evan Mendoza Robbinsdale Armstrong 125-4
- 14 Isaiah Wright Champlin Park 123-10
- 15 Hayden Skillings Coon Rapids 123-4
- 16 Evan Lowry-Simpson Blaine 121-5
- 17 Gavin Montgomery Blaine 120-0
- 18 Alexander Jensen Elk River 118-10
- 19 Jaxson Drum Spring Lake Park 118-9
- 20 Dillon Thurston Robbinsdale Armstrong 117-10

- 21 Sam Dennis Coon Rapids 115-3
- 22 Peter Okafor Park Center 114-3
- 23 Blake Scheierl Centennial 108-4
- 24 Frankie Montano Rogers 105-10
- 25 Caelan Bobbe Andover 105-1
- 26 Jacob Wrbanek Maple Grove 104-4
- 27 Matthew Sweet Andover 104-2
- 28 Matthew Dotzenrod Maple Grove 101-3
- 29 Tony Turner Spring Lake Park 100-3
- 30 Landon Albeck Maple Grove 97-7
- 31 Hoyt Fladung Elk River 96-5
- 32 Owen Swedberg Totino-Grace 93-0
- 33 Dakagar Johnson Park Center 91-8
- 34 Osmar Colero Dominguez Totino-Grace 86-11
- 35 Collin Schulz Rogers 85-11
- Michael Bruggers Champlin Park FOUL
- Hunter Wiitanen Coon Rapids FOUL
- Owen Elskamp Osseo FOUL
- Ishaza Mugabi Osseo FOUL

Boys Varsity High Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Shiloh Ayitey Blaine 6-2
- 2 Sheikh Dukuly Champlin Park 6-0
- 2 Finn Wold Centennial 6-0
- 4 Zughumnan Zillang Blaine 6-0
- 5 Caleb Nyamari Anoka 6-0
- 6 Chiwetaramonu Attama Osseo 6-0
- 7 Josiah Young Totino-Grace 6-0
- 8 David Onyemachi Blaine 6-0
- 9 Jason Russ Coon Rapids 5-10
- 10 Alvin Karngar Spring Lake Park 5-8
- 10 Parker Klein Elk River 5-8
- 12 Rich Adeniyi-Akins Spring Lake Park 5-8
- 13 Kolvin Mayer Elk River 5-8
- 14 Jordan McAfee Robbinsdale Armstrong 5-8
- 15 Ashton Kapitzke Champlin Park 5-6
- 15 Cole Kalkwarf Maple Grove 5-6
- 15 Evan Bitengo Anoka 5-6
- 18 Kennan Stoll Elk River 5-6
- 19 BABOUCCARR ANN Maple Grove 5-6
- 20 Jaden Christensen Rogers 5-6
- 20 Cale Schurke Andover 5-6
- 22 Carlton Onyia Champlin Park 5-4
- 23 Ayden Shaw Andover 5-4
- 24 Emmanuel Benson Totino-Grace 5-4
- 24 Elijah Scott Robbinsdale Armstrong 5-4
- 24 Taylor Neal Coon Rapids 5-4
- 24 Tristen Chenoweth Andover 5-4
- 28 Riley Wallace Centennial 5-4
- 29 Connor Albers Osseo 5-2
- 30 Noah Jacklitch Spring Lake Park 5-2
- 31 Theodore Zwiers Centennial 5-2
- Rowan Novak Maple Grove NH

Boys Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind

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- 1 Jackson Froslee Andover 14-9
- 2 Henry White Maple Grove 14-6
- 3 Blake Sieben Anoka 13-0
- 4 Sebastian Santiago Spring Lake Park 12-6
- 5 Ruben Fernandez Anoka 12-6
- 6 Logan Barker Coon Rapids 12-6
- 7 Zachary Mayo Champlin Park 12-0
- 8 Xavier Case Totino-Grace 12-0
- 9 Matthew Sweet Andover 12-0
- 10 Vincente Santiago Spring Lake Park 11-0
- 11 Tyler Celotta Centennial 11-0
- 11 Komona Kah Coon Rapids 11-0
- 11 Lucas Vandal Champlin Park 11-0
- 14 Raleigh Rundquist Osseo 11-0
- 15 Mitchell Babineau Blaine 11-0
- 15 Gavin Nelson Maple Grove 11-0
- 17 Owen Kozarek Andover 11-0
- 18 Mason Lund Rogers 10-0
- 18 Luke Sharp Blaine 10-0
- 18 Jackson Bentrup Centennial 10-0
- 18 Sawyer Klejeski Spring Lake Park 10-0
- 22 Grayson Wolf Champlin Park 10-0
- 23 Broderick Berglin Totino-Grace 10-0
- 24 LaVie Freeman Robbinsdale Armstrong 9-0
- 24 Logan Condon Anoka 9-0
- 24 Trevian Aluka Coon Rapids 9-0
- 24 Colby Bright Totino-Grace 9-0
- 28 Evan Streit Rogers 9-0
- 29 Adam Shaw Rogers 9-0
- Owen Scott Blaine NH
- Kellan Hauwiller Osseo NH
- Dylan Pham Park Center NH
- Ronald Brown Park Center NH
- Matthew Andrews Elk River NH
- Theodore Chirhart Robbinsdale Armstrong NH
- Sean Grenier Elk River NH
- Emmitt White Maple Grove NH
- Matthew Trzynka Osseo NH
- Jahari Iverson Robbinsdale Armstrong NH

Boys Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Thenic Yantambwe Champlin Park 22-0.75
- 2 Shae Wyszynski Andover 21-7.75
- 3 Michael Douglas Blaine 21-7
- 4 Maurice Counce Andover 21-6.50
- 5 Isreal Olowo Rogers 21-3.50
- 6 Prince Daye Blaine 21-1.75
- 7 Aloysius Nyapan Coon Rapids 20-11.75
- 8 Eli Kuempel Robbinsdale Armstrong 20-10.75
- 9 Alpha Graduway Osseo 20-8
- 10 Isaiah Salami Anoka 20-0.50
- 11 Rich Adeniyi-Akins Spring Lake Park 19-11.25

- 12 Nshangji Zillang Blaine 19-10.50
- 13 Caleb Prosper Anoka 19-4.75
- 14 Marcus Larson Andover 19-3.50
- 15 Max Miley Maple Grove 19-2
- 16 Nicolas Jaen Centennial 19-1
- 17 Leyton Ullery Champlin Park 18-11.75
- 18 Alijah Hibbler Coon Rapids 18-10.50
- 19 Fnan Zeresenay Centennial 18-10
- 20 Emmett Fallah Robbinsdale Armstrong 18-9.50
- 21 Daysely Zulu Osseo 18-8.50
- 22 Caleb Nyamari Anoka 18-6.25
- 23 Gavin Moore Centennial 18-5.25
- 24 Brayden Waldron Coon Rapids 18-4
- 25 Ashton Kapitzke Champlin Park 18-3
- 26 Chiwetaramonu Attama Osseo 18-2.25
- 27 Benjamin Mulawarman Maple Grove 17-9.25
- 28 Dhyan Joshi Maple Grove 17-9
- 29 Darien Carter Rogers 17-4.50
- 30 Alex Euphosin Rogers 17-4.25
- 31 Parker Klein Elk River 17-3.25
- 32 Mathew Campbell Park Center 16-10.75
- 33 Cooper Groen Elk River 16-10
- 34 Tabio Badio Elk River 16-8.75
- 35 Daniel Chepsiror Spring Lake Park 16-7.25
- 36 Nick Olzenak Totino-Grace 16-5.75
- 37 Jordan Wade Park Center 16-2
- Fred Dassin Robbinsdale Armstrong FOUL

- 27 Marcus Larson Andover 36-1
- 28 Mason Willms Elk River 35-9.75
- 29 Lukas Widmark Andover 35-2
- 30 Daysely Zulu Osseo 34-1.25
- 31 Terris Fitten Robbinsdale Armstrong 33-8.75
- 32 Jahari Iverson Robbinsdale Armstrong 33-5.25
- 33 Samuel Welle Rogers 32-11.25
- Trevian Aluka Coon Rapids ND
- Kevin Tran Maple Grove ND

Boys Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Rich Adeniyi-Akins Spring Lake Park 47-1.50
- 2 Garald Ferguson Jr. Blaine 45-10.50
- 3 Tuulla Gemta Blaine 44-1.75
- 4 Isaiah Salami Anoka 43-2.75
- 5 Prince Daye Blaine 42-6.75
- 6 Nicolas Jaen Centennial 42-6.50
- 7 Cameron Stewart Spring Lake Park 42-6.25
- 8 Boluwatife Adeuga Coon Rapids 42-5.75
- 9 Aloysius Nyapan Coon Rapids 42-2
- 10 Fnan Zeresenay Centennial 41-2.50
- 11 Caleb Prosper Anoka 41-0
- 12 Jayden Medina-Ramirez Spring Lake Park 40-11
- 13 BABOUCARR ANN Maple Grove 40-9
- 14 Caleb Nyamari Anoka 40-7.75
- 15 Jibril Hall Osseo 40-6.50
- 16 Lance Quiah Osseo 40-4.25
- 17 Thenic Yantambwe Champlin Park 40-1
- 18 Elijah Scott Robbinsdale Armstrong 39-11.50
- 19 Cale Schurke Andover 39-11.25
- 20 Chinonyelum Obinwa Champlin Park 39-10.75
- 21 Maxwell Rome Centennial 39-6.75
- 22 Nicholas Keenan Champlin Park 39-4.75
- 23 Kolvin Mayer Elk River 39-0
- 24 Parker Klein Elk River 38-2
- 25 Alex Euphosin Rogers 36-11.50
- 26 Luke Bottema Maple Grove 36-2.25